

Cir/21/16-17

Date: 28/07/2016

Dear Parents,

A note on the Pearson Schools Life Skills based Sexuality and Personal Safety Education programme for children of grades 1 to 4.

Shishya BEML Public School aims at helping students develop self-respect, self-confidence, effective assertive communication and mutually respectful relationships. The school has set out to accomplish this through a Life Skills based Sexuality and Personal Safety Education programme for children of grades 1 to 4. Students learn that shame arises from our behavior and that every body function and part deserves respect. Discussion on personal safety rules and responsibility helps remove guilt, equipping them to recognize, resist and report abuse. This programme would comprise of 5 sessions conducted by trained teachers of the school

Students would benefit immensely in the following ways:

They learn about their qualities and intelligences and how these define a person. This helps to build self-respect and self-confidence and makes them respect themselves for who they are, rather than how they look.

Their questions around body and self-image are handled appropriately, effectively and with ease. They feel safe with the facilitator and feel comfortable talking about issues that upset them.

They learn names of body parts and **Personal Safety Rules** and learn how to recognize, resist and report perpetrators of sexual abuse

They feel better equipped to handle growing up issues and learn how to take informed decisions with regard to their bodies and sexuality.

Students will be more aware of and proactive in potentially unsafe and dangerous situations. They will be better equipped to communicate their problems to others, seek help and find empowering solutions, especially in the context of child sexual abuse.

They will also learn about healthy food options, effect of television, electronics and social media and how to actively participate in the care, development and nourishment of their body.

This endeavor will have students who are empowered in Life Skills and Personal Safety. Teasing and taunting may reduce / be handled in a better manner by the students. Overall academic performance is bound to improve.

For Shishya BEML Public School

Mrs. Tejashwini Sankeshwar
Principal